

**SACRAMENTO COUNTY  
METHAMPHETAMINE COALITION**

**SOCIAL MEDIA  
GUIDELINES**



**Social media can be a powerful tool to help educate the community about methamphetamine use. With your help, we can encourage people who use meth, and their support systems, to engage with Sacramento County treatment programs. Combine the images and messages provided below to help spread the word.**

**Start by connecting with the Sacramento County on social media:**

 FACEBOOK

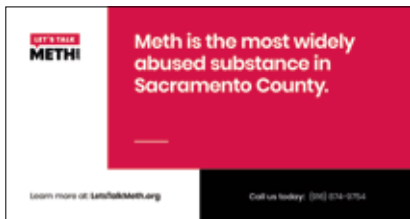
 TWITTER

 INSTAGRAM



## FACEBOOK

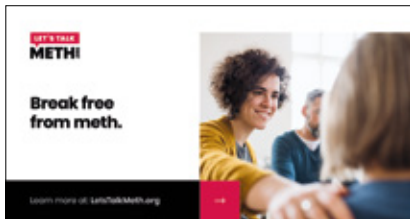
The following posts and images have been developed for you to share on Facebook through your personal and organization's social media pages. Thank you for your help!



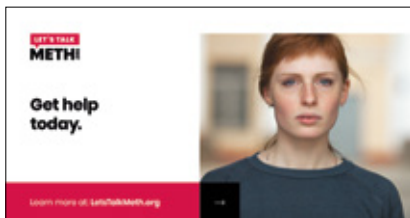
Meth is the most widely abused substance in Sacramento County. It is time to take action and offer solutions to this problem. If you or a loved one is using meth, Sacramento County treatment and support services are here to help. #LetsTalkMeth **letstalkmeth.org**



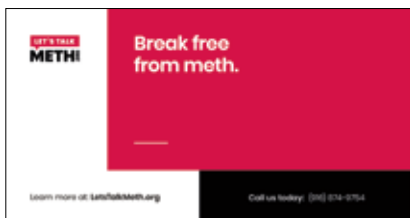
Addiction is a disease and the road to recovery can feel like a tough, endless journey. Learn more about the treatment and support services available across Sacramento County. #LetsTalkMeth **letstalkmeth.org**



Everyone has a story, which is why we're committed to drug education, treatment, and support for any person in need. The Struggle is Real: Break Free From Meth #LetsTalkMeth **letstalkmeth.org**



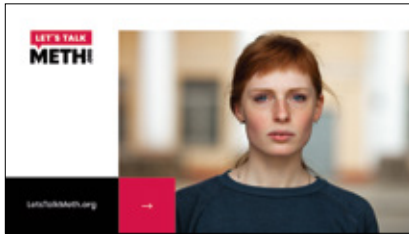
Meth use is devastating Sacramento communities. No judgment or explanation is needed, Sacramento County wants to get you or a loved one help today. #LetsTalkMeth **letstalkmeth.org**



We are proud to support the work that @LetsTalkMeth is doing to educate Sacramento County about the struggles of meth use. Everyone has a story. #BreakFreeFromMeth **letstalkmeth.org**

## TWITTER

The following posts and images have been developed for you to share on Twitter through your personal and organization's social media pages. Thank you for your help!



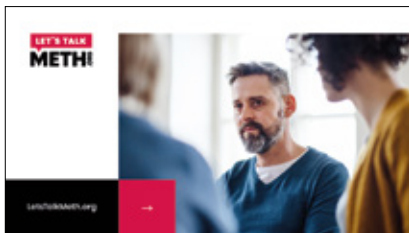
If you or a loved one is using meth, Sacramento County treatment and support services are here to help. #LetsTalkMeth  
**letstalkmeth.org**



Addiction is a disease, which is why we're committed to getting support for any person in need. The Struggle is Real: Break Free From Meth #LetsTalkMeth  
**letstalkmeth.org**



From residential treatment services to outpatient programs there is something for anyone in need living in Sacramento County. #LetsTalkMeth  
**letstalkmeth.org**



There are many recovery programs available across the Sacramento area. If you or someone you know is using meth, help is available. #LetsTalkMeth  
**letstalkmeth.org**



We are proud to support the work that @LetsTalkMeth is doing to educate Sacramento County about the struggles of meth addiction. Everyone has a story. #BreakFreeFromMeth  
**letstalkmeth.org**