

PREVENTION SERVICES

PREVENTION SERVICES ARE PROGRAMS DIRECTED AT INDIVIDUALS WHO HAVE NOT BEEN DETERMINED TO REQUIRE TREATMENT FOR A SUBSTANCE USE DISORDER.

Prevention service programs include strategies and initiatives which reduce both direct and adverse personal, social, health, and economic consequences resulting from problematic alcohol and drug availability, manufacture, distribution, promotion, sales, and use.

- **Prevention Services for Youth** are designed to increase protective factors related to substance use, enhancing opportunities for family and school success.
- **Prevention Services for Families** offer education on reducing risk factors, as well as skill-building to help foster positive family environments supporting youth abstinence and resiliency.
- **Prevention Services for Schools, Neighborhoods, and Communities** include outreach and education programs focusing on underage drinking and youth marijuana use with Train the Trainers curriculum to increase knowledge and abilities.

For more information, please call: **(916) 875-2050**

We promote safe and healthy behaviors and environments for individuals, families, and our community!

Visit our website: dhs.saccounty.net