

# YOUTH TREATMENT SERVICES

SUBSTANCE USE TREATMENT SERVICES ARE PROVIDED TO YOUTH LIVING IN SACRAMENTO COUNTY WHO ARE EXPERIENCING PROBLEMS WITH SUBSTANCE USE

## DO YOU OR A TEEN YOU KNOW:

- Have family, school, or legal problems caused by drinking alcohol or using drugs?
- Lose your/their temper or get into arguments/fights while drinking alcohol or using drugs?
- Spend time thinking about or trying to get alcohol or other drugs?
- Miss out on anything that you/they wanted to do because of drugs and/or drinking alcohol?
- Worry about your/their drinking and/or drug use?

If you answered "yes" to one or more of these questions, **please call (916) 874-9754** for more information about how to schedule an assessment for treatment services.

## Who is eligible for services?

- Individuals 12-18 years old living in Sacramento County experiencing substance use problems.
- Eligibility is based on full-scope Medi-Cal and/or lack of insurance that covers substance use treatment services.

## Who can make a referral to treatment?

- Youth are encouraged to refer themselves.
- Family members, teachers, counselors, social workers, or anyone else who wants to help a youth connect with treatment services can contact Substance Use Prevention and Treatment Services.

## How can a youth be assessed for treatment?

- Call **(916) 874-9754** to schedule an assessment appointment.
- Assessments can be scheduled **Monday through Friday 8:00 AM to 5:00 PM** (last appointment at 4:00 PM), except for major holidays.
- Bilingual staff and/interpreters are available at no cost.