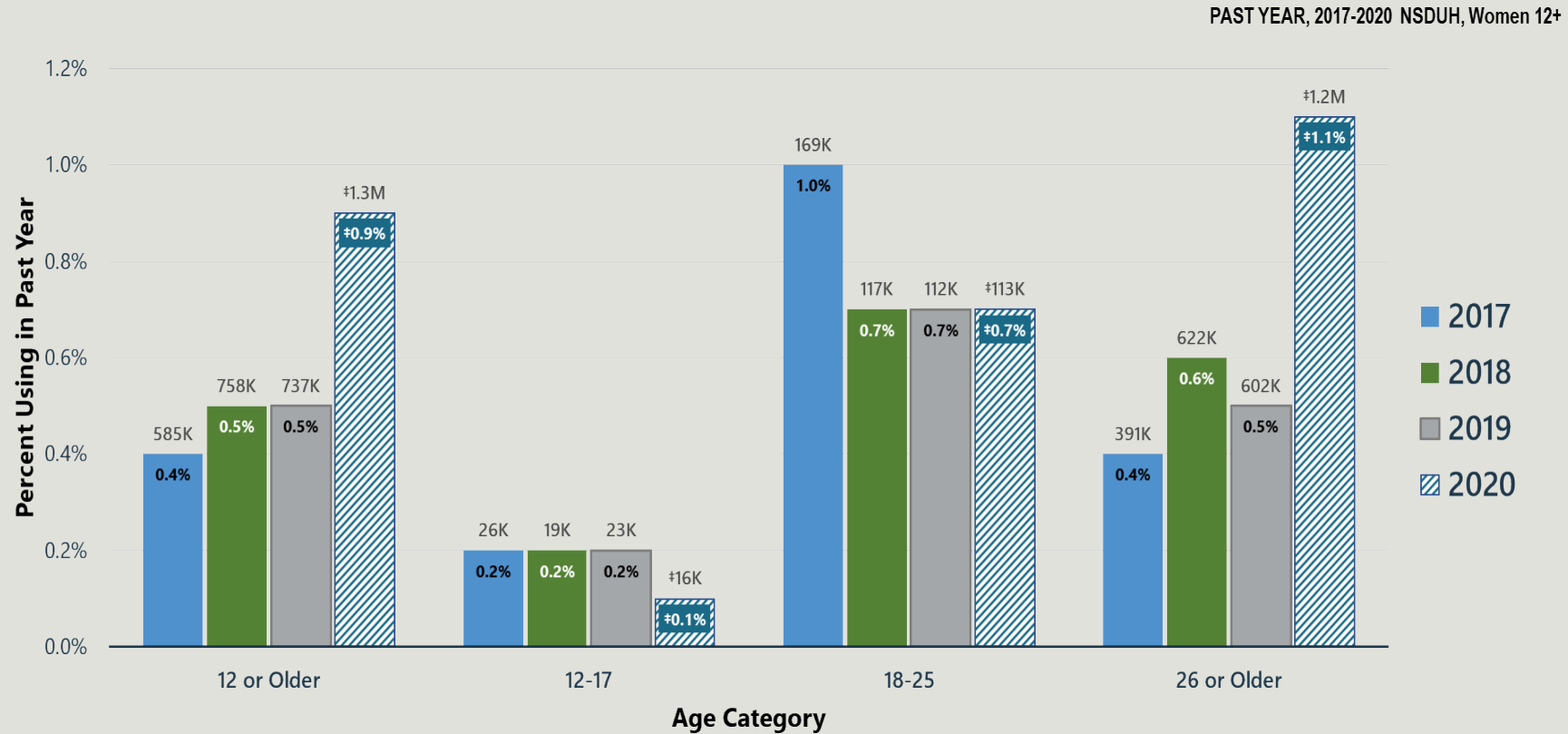


M e t h a m p h e t a m i n e a n d W o m e n



Kimberly Grimes, BHS-SUPT Health Program Manager, Special Programs

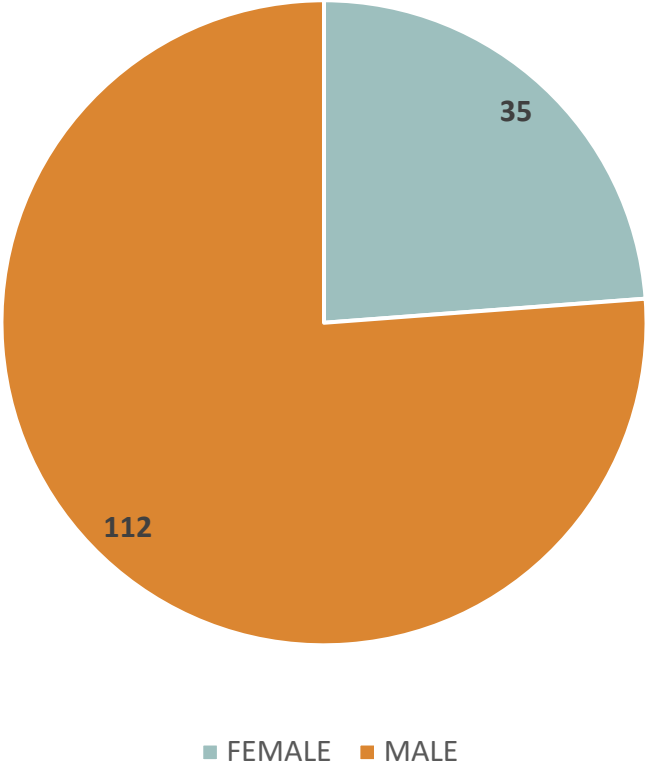
Methamphetamine Use in 2017-2020: Among Women Aged 12+



† Estimates on the 2020 bars are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the 2020 *National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

In 2020, female youths aged 12 to 17 had a lower percentage of past year methamphetamine use when compared to young adult women aged 18 to 25 and women aged 26 or older.

**METHAMPHETAMINE RELATED OVERDOSE
JANUARY, 2023- NOVEMEBR, 2023
147 TOTAL
GENDER**



**METHAMPHETAMINE RELATED OVERDOSE
 JANUARY 2023- NOVEMBER 2023
 35 WOMEN**

AGE	RACE	ZIP CODES
28-39 YEARS, 6 TOTAL	BLACK/AA, 8 TOTAL	95815, 7 TOTAL
42-59 YEARS, 17 TOTAL	WHITE, 22 TOTAL	95811, 3 TOTAL
60-69 YEARS, 11 TOTAL	NATIVE AMERICAN, 1 TOTAL	95660, 95814, 95822, 95842 (2 TOTAL EACH)
74 YEARS, 1 TOTAL	HMONG, 1 TOTAL	
	LATINO/LATIN X, 3 TOTAL	

Barriers to Seeking Treatment

- Motherhood
 - Limited treatment options for mothers with children
 - Stigma for inability to parent children
- Pregnancy
 - Stigma for seeking treatment while pregnant
 - Feelings of shame and guilt
- Transactional/survival sex
 - More than 40% of women have engaged in transactional sex, and more than 10% continue even in abstinence from Meth

Effective Treatment for Women

Core Components:

- Addressing women's unique experiences
- Using a trauma-informed approach
- Addressing women's needs in a comprehensive manner
- Providing a healing environment

Topics should include:

- Relationships with family
- Treatment needs of children
- Intimate partner violence
- Parenting
- Life skills
- Reproductive health and safety planning for those involved with transactional sex work
- Self-esteem
- Nutrition



CELEBRATE ALL WOMEN IN RECOVERY THIS MONTH

WHAT CAN YOU DO?

- **SET ASIDE A TIME TO CALL/TEXT**
- **PLAN A SPECIAL MEAL TO CELEBRATE**
- **SEND A HAND-WRITTEN NOTE/CARD**
- **ATTEND AN AA/NA MEETING**

THANK YOU,