

BEHAVIORAL HEALTH SERVICES-SCREENING AND COORDINATION (BHS-SAC)

NEW CALL CENTER !

BHS-SAC: YOU'RE JUST ONE CALL AWAY FROM SUPPORT

Sacramento County BHS-SAC will link you to services for all your mental health and substance use treatment needs! By calling **916-875-1055**, you can get access to the following services and more:

- Screening for Mental Health and Substance Use Services
- Mental Health and Substance Use Outpatient Treatment
- Residential Treatment
- Recovery Residences/Sober Living Environments
- Care Coordination
- Crisis Intervention
- Medication Support
- Medication Assisted Treatment
- Prevention Services
- Therapy/Rehabilitation Services and Groups
- Driving Under the Influence Programs
- Linkage to Community Resources



Bilingual staff or interpreters are available at no cost. Please let us know if you need an interpreter.

Visit Behavioral Health Services Online at:
<https://dhs.saccounty.gov/BHS>



BHS-SAC

Phone: 916-875-1055;
CA Relay 711

Toll Free: 888-881-4881

Fax: 916-875-1190

**Hours: 24 Hours a Day,
365 Days a Year**

If you are experiencing a behavioral health crisis, please call 988. If you are experiencing a life threatening emergency, please call 911.

**DON'T FEEL LIKE
CALLING? WALK IN
TO SERVICES
TODAY!**



**Mental Health Adult
and Child Provider Walk
In Hours**



**Substance Use Prevention
and Treatment
Community Resource List**